



# FREE ARTS RESIDENCIES BUILD RESILIENCE AND ENCOURAGE EMPATHY

## USING THE ARTS TO ENGAGE AND EMPOWER

Creative Sonoma is offering free teaching artist residencies to Sonoma County K-12 public and charter schools. The residencies provide access to a creative, collective experience for students to share in empowering artistic experiences that build resilience and encourage empathy. The arts have many benefits in a learning environment and create unique, hands-on opportunities to increase self-esteem, decrease depression, and reduce stress. They encourage students to think, consider, collaborate, and problem solve creatively. All of these 21st century skills have been demonstrated to contribute to student success both in school and in careers.

The Creative Sonoma arts residencies were initially designed to respond to trauma experienced in our schools as a result of the 2017 fires. Creative Sonoma has hosted intensive training sessions for local teaching artists to help them enhance their skills in providing arts residencies for students impacted by various traumas and how to engage and empower students through creative pathways. Residencies with these teaching artists are continuing now through December 2019 and are available to all schools in the County, not just those that were physically impacted by the fires.

For the purpose of this program, residencies are defined as 8 hours: 6 hours of student contact time and 2 hours of prep and collaboration for the teaching artist. A brief outline of the central responsibilities for schools is listed below.

- Provide students for the residency – the same corps of students throughout each individual residency
- Collaborate with the teaching artist to plan the residency content – including letting the teaching artist know of any core skills to be addressed. Be sure to include all participating classroom teachers in the planning process.
- Be flexible with the artist in planning the residency to achieve the best possible result for the students
- Provide all agreed upon venue related gear, i.e., classroom, a/v, tables, etc. and provide information about available supplies
- Classroom teacher must remain in the classroom during the residency
- Complete a post-event evaluation with Creative Sonoma

Arts Residency Scheduling Choices			
Residency = 6 hours of student contact time			
	Length	Frequency	Duration
Option 1 – Intensive	70 mins/day	5 days/week	1 week
Option 2 – Immersion	1 hour/day	2 days/week	3 weeks
Option 3 – Enrichment	1 hour/day	3 days/week	2 weeks
Option 4 – Recurrent	1 hour/day	1 day/week	6 weeks
Option 5 – Flex	Choose the length, frequency and term of the residency ensuring 6 hours of student contact time.		
Participating schools may schedule up to 4 residencies during the period, while funds last.			
Artistic genres include: dance, music, theater, visual, and literary arts.			

Please email [Debbie.Yarrow@sonoma-county.org](mailto:Debbie.Yarrow@sonoma-county.org) to request application materials or for more information.

